

TANGO VALS

Tango Vals music is in 3/4 time and is characterised by a smooth flowing style. Stepping can be done on the first beats of each bar, or on counts One and Two, One and Three, or each beat in the bar.

1) 1-6 Open Left (Reverse) Turn with 7 - 11 Steps 4 - 8 of Eight Count Tango Basic		
Step number	Foot position, turn and leading	Counts in beats and bars
1	LF forward	1 , 2,3
2	RF to side	2 ,2,3
3	LF back p/o	3 ,2,3
4	RF back, toe turned in small step. Pivot 1/2 turn to L Follower Step forward	4 ,2
5	LF closed to RF Follower Step to side	3
6	RF forward o/p	5 ,2,3
7	LF forward	6
8	RF closed to LF Lead Follower to cross LF in front of RF	2,3
9	LF forward	7 ,2,3
10	RF to side	8
11	LF closed to RF without weight	2,3

* During Steps 7 - 12
Follower holds position with L knee bent and R leg straight crossed behind L leg on o/e of toe, body axis towards heel, keeping back straight, to create centrifugal force (Colgada)

2) 1 - 5 Volcada and 6 - 12 Colgada with 13 - 15 Tango Close		
1	LF to side	1
2	RF forward small step closed to Follower's RF without weight (Bloqueo). Lead Follower to close LF to Leader's RF	2,3
3	RF in place, turning 1/4 to L leading Follower's LF Half Rondé outwards	2 ,2,3
4	LF back and slightly to side toe turned out, keeping upper body forward, bend knees changing hold Follower's so armpit almost rests on Leader's R shoulder (to create Volcada position). Rotate upper body 3/8 to R to swing Follower's LF in an inward Rondé (Rulo) from the hip. At the same time, close RF to LF without weight, bend knees more.	3 ,2,3
5	Start moving the chest forward to lead Follower into LF Cross in Front of RF and then RF forward o/p part weight	4 ,2,3
6	Lower frame to change Follower's weight and then extend arms to lead Follower's RF back without weight off axis (Colgada position)	5
7*	Start to turn to L LF back (in circle around Follower)	2
8	RF small step back Continue to turn up to 1/2 to L	3
9-12	Repeat twice Steps 8 - 9. Continue to complete a full Turn to L. On 12, lead Follower in a Half Rondé inwards to Close RF w/w	6 ,2,3
13	LF forward	7 ,2,3
14	RF to side	8
15	LF closed to RF without weight	2,3

TANGO VALS continued

3) Steps 1 - 8 Progressive Forward Sweeps (Barridas) with 9 Bicicleta and 10 - 13 Basic ending		
1	LF to side	1
2	RF forward small step closed to Follower's RF without weight (Bloqueo)	2,3
3	RF in place Send Follower on LF back into Back Parrada by extending arms slightly forwards and downwards	2,2
4	LF forward o/p, bend elbows to come close to Follower	3
5	RF sweep forward in contact with floor and Follower's RF	3,2,3
6-8	Repeat steps 3 - 5	4,2,3 5,2,3
9	Keeping RF in contact with Follower's LF, lift foot off floor in cycling motion forwards, upwards and backwards (Bicicleta).	6,2,3
10	RF forward, then hold. Lead Follower to take RF back then LF cross in front of RF	7,2,3
11	LF forward	8
12	RF side	2
13	LF closed to RF without weight	3

4) 1 - 5 Leader's Twist Turn with Follower's Zig-Zag steps (Giro), 6 - 11 Forward Rocks and 9 - 15 Front Eight (Outside Ocho)		
1	LF to side 1/8 turn to L	1,2,3
2	RF forward o/p a further 1/8 turn to L	2
3	LF crossed behind RF Start to turn to L. Lead Follower RF to side around Leader, making 1/8 turn to L	2,3
4 - 5	RF to side with a further 3/8 to L to end facing W. Lead Follower to dance Zig-Zag steps LF forward (3,2) and RF to side (3) around Leader	3,2,3
6	LF forward with part weight. Continue to turn to L (Rock)	4
7	RF small step back and slightly to side with part weight. Continue to turn to L	2
8	LF forward small step (Rocks) making 1/4 turn to L between steps 6 - 8 to end facing LOD	3
9	RF forward o/p	5,2,3
10	LF forward part weight (Rock)	6,2
11	RF in place	3
12	LF back p/o. Lead Follower into Front Eight (Forward Ocho)	7,2,3
13	RF closed to LF. Lead Follower into step on LF and Pivot to face partner	8,2,3

Note: Because each of the 8-bar combinations described above starts with the Leader facing LOD on LF, they can be done in any order.

Follower's steps are opposite unless described differently.