

MILONGA LISO

Milonga is a happy, more rural style of music than Tango de Salón. It is often danced with a very slight bounce, usually stepping Heel-Flat forwards and Ball-Heel backwards and i/e Ball-Flat to the side. Milonga Liso describes the dance to Milonga music that steps once on each beat throughout.

Each 8-count combination described below starts with the Leader facing LOD on RF and they can be done in any order. Follower's steps are opposite.

1) Steps 1 -2 Weight Changes in Place. 3 - 8 Basic Box Step (Básico)		
Step number	Foot position	Count
1	RF in place	1
2	LF in place	2
3	RF back	3
4	LF to side	4
5	RF forward o/p	5
6	LF forward	6
7	RF to side	7
8	LF closed to RF	8

2) 1 - 6 Rock Turn to Left (Cunita) with full gradual turn and 7 - 8 Tango Close		
Step number	Foot position and body turn	Count
1	RF back and slightly to side Start to turn to L	1
2	LF in place Continue to turn to L	2
3 - 6	Repeat Steps 1-2 Turning to L completing a full turn to L between 1 - 6	3 - 6
7	RF to side	7
8	LF closed to RF	8

3) 1 - 3 Cross Forward on RF and 4 - 6 on LF and 7 - 8 Tango Close		
Step number	Foot position	Count
1	RF forward o/p R side leading	1
2	LF crossed behind RF	2
3	RF forward o/p R side leading	3
4	LF forward L side leading	4
5	RF crossed behind LF	5
6	LF forward	6
7	RF to side	7
8	LF closed to RF	8

4) 1 - 5 Zig-Zag steps in line (Giro Lineo) and 6 - 8 Tango Close		
Step number	Foot position and body turn	Count
1	RF forward o/p, start turn to R	1
2	LF to side Complete 3/8 turn to R	2
3	RF back p/o, start turn to L	3
4	LF to side Complete 1/4 turn to L	4
5	RF forward o/p (facing DW)	5
6	LF forward 1/8 turn to L (facing LOD)	6
7	RF to side	7
8	LF closed to RF	8

MILONGA TRASPIÉ (Syncopated)

Milonga Traspíe is danced to Milonga music using the rhythm found in the music to make syncopated Steps. Each of the following 8- or 16-count combinations described below starts with the Leader facing LOD on RF and so can be done in any order.

1) Steps 1 - 6 Syncopated Back and Side Rocks, 7 - 19 Forward and Backward Syncopated Rocks to PP, 20 - 24 Tango Close with Syncopated Chassé to R		
Step number	Foot position, turn and leading	Count
1	RF back part weight	1
2	LF in place	&
3	RF back with CBM	2
4	LF to side part weight	3
5	RF in place	&
6	LF closed to RF	4
7	RF forward o/p	5
8	LF forward part weight	6
9	RF in place	&
10	LF back	7
11*	RF back part weight turning Follower into PP	8
12	LF in place in PP	&
13	RF forward in PP leading Follower into Closed Position on Step 12	1
14-19	Repeat steps 6-11, leading Follower's pivot 3/8 to L to Closed Position end Step 19	2 & 3, 4 & 5
20	LF forward	6
21	RF to side	7
22	LF closed to RF	&
23	RF to side	8
24	LF closed to RF	&

* Follower's Steps 11-19 are similar to QQS Botafogos in Samba with no bounce (called an Ocho Cortada, Cut Eight) with an optional Low Flick across in front of the leg during turns into PP.

2) 1-8 Syncopated Forward, Side and Backward Rocks (Rebotes), 9 RF Walk and 10 - 12 Tango Close		
1	RF forward o/p, 1/8 turn to L	1
2	LF in place	&
3	RF to side, 1/8 turn to R	2
4	LF in place	&
5	RF back, 1/8 turn to R	3
6	LF in place	&
7	RF to side, 1/8 turn to L	4
8	LF in place	&
9	RF forward o/p	5
10	LF forward	6
11	RF to side	7
12	LF closed to RF	8
3) 1 RF Walk, 2 - 7 Sync. Twinkles Forwards and Backwards, 8 - 10 Tango Close (alt. Sync. Steps 4 - 8 of Tango Basic to counts 6 & 7, 8 &)		
1	RF forward	1
2	LF forward	2
3	RF closed to LF	&
4	LF back	3
5	RF back	4
6	LF closed to RF	&
7	RF forward	5
8	LF forward	6
9	RF to side	7
10	LF closed to RF	8